

Sailing Instructions

1. Rules

Racing will be governed by the Racing Rules of Sailing, RYA prescriptions, appropriate class rules and these instructions.

2. Entries

Races are open to members of yacht clubs affiliated to the RYA (or equivalent National authority).

3. Safety

- (a) The safety of a boat and her entire management including insurance is the sole responsibility of the owner/person in charge who must ensure that the boat and crew are adequate to face conditions that may arise. These sailing instructions neither limit nor reduce the absolute responsibility of the owner/person in charge for the crew, the boat and her management. The IOMYC shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/person in charge or crew, as a result of their taking part. Moreover, every owner/person in charge warrants the suitability of the boat.
- (b) The wearing of buoyancy aids or lifejackets is compulsory at all times when afloat in dinghies.
- (c) Entrants are required to carry third party and passenger liability insurance of no less than £2 million.
- (d) In all cases, Carthure Rocks (Perch) shall be left to landward.

4. Notices to competitors

Notices to competitors will be posted on the official notice-boards in the club-house.

5. Changes to Sailing Instructions

Any change to the sailing instructions will be posted not later than one hour before the start of a race. Any change to the schedule of races will be posted not less than 24 hours before the start.

6. Cruiser Class races

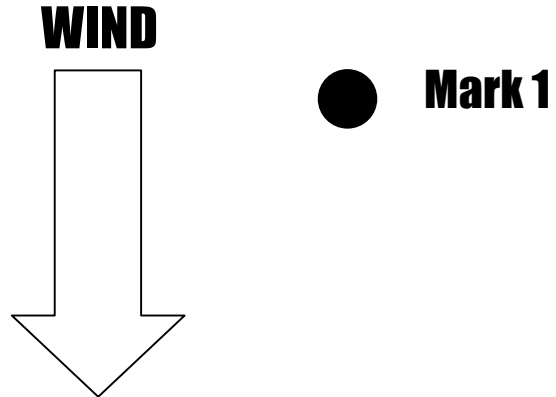
- (a) Starting signals will be flown from the flagpole on the end of Alfred Pier.
Cruiser class – numeral pennant 1.
- (b) Races will be started in accordance with Rule 26.
- (c) Recalls will be in accordance with Rule 29.
- (d) Rule 30 will not apply.
- (e) Start/Finish
 - (i) The start/finish line will be between the flagpole on the end of Alfred Pier and Carthure Perch.
 - (ii) An outer limit mark (OLM) may be laid towards the Carthure Perch end of the line but which forms no part of the line. Yachts will at no time pass between the OLM and Carthure Perch.

- (iii) An inner limit mark (ILM) may be laid towards the Alfred Pier end of the line but which forms no part of the line. Yachts will not pass between the ILM and Alfred Pier while starting. After the start, the ILM may become a mark of the course – see (f) – Shortening course.
- (e) Courses and marks will be posted on the notice-board prior to each race
- (f) Shortening course
Code flag “S” and two sound signals. Yachts will finish as they cross the line while leaving the ILM on its required side.
- (g) Time Limits
Rule 35 will not apply. The time limit will be posted with the instructions for each race. Only yachts finishing within the time limit will be deemed to have completed the course.
- (h) Protests
Protests will be written on RYA forms available in the club office and delivered to the Race Officer or his representative within one hour of the last boat finishing.
- (i) Scoring
In a series, Appendix A (Low scoring system) will apply. Two races will constitute a series. Yachts completing all races in a series will discard their worst score.
- (j) Navigation
Entrants are reminded to take care when sailing close inshore especially around LW using the club marks.

7. Dinghy Class Races

- (a) Starting Signals
Code flags will be flown from the mast of the committee boat.
Handicap dinghy class - numeral pennant 1.
- (b) Starting
Races will be started in accordance with Rule 26.
- (c) Recalls will be in accordance with Rule 29.
- (d) Starting line
The starting line will be between the mast of the committee boat at the starboard end and the port end starting mark.
- (e) Marks and course
 - (i) Marks will be orange/yellow dan buoys or orange floats.
 - (ii) A red or green flag displayed prior to the warning signal will indicate whether marks are to be rounded to port (red) or starboard (green).
 - (iii) The course will be indicated by a letter displayed on the committee boat and sailed according to the following illustration (not to scale):

- T 1,2,3,1,2,3 and so on
- S 1,3,1,3 and so on
- O 1,3,1,2,3 and so on
- P 1,2,3,4,1,2,3,4 and so on passing through the start/finish line 'gate' at mark on both upwind and downwind legs.
- X 1,4,1,4 and so on passing through the start/finish line 'gate' on upwind legs.



Mark 2 ●

Mark 3 ● **Start**



Mark ●

- (f) **Finish Line**
The finish line will be between the mast of the committee boat displaying a blue flag and the nearby mark.
- (g) **Handicap system**
The Average Lap/Portsmouth number system will apply.
- (h) **Protests**
Protests will be written on RYA forms available in the club office and delivered to the Race Officer within one hour of the last boat's finish in the final race of the session.
- (i) **Scoring**
In a series, Appendix A (Low score system) will apply. Two races will constitute a series. There will be no discards.
- (j) **General**
When conditions permit, the normal pattern for a dinghy racing session will be two races, each of about 40 minutes duration, sailed back-to-back.